

YUM TUM THAI CHICKEN SOUP

Nutritional Information

SERVINGS PER PACKAGE: 2 AVERAGE SERVING SIZE: 300g

	AVE QTY PER SERVE	AVE QTY PER 100G	RDI %
ENERGY	990kJ (236Cal)	330kJ (79Cal)	11%
PROTEIN	8.6g	2.9g	17%
FAT (TOTAL)	17.4g	5.8g	25%
– SATURATED	13.6g	4.6g	57%
CARBOHYDRATE	15.1g	5.0g	5%
– SUGARS	5.8g	1.9g	6%
SODIUM	1590mg	529mg	69%

Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.

Ingredients

WATER, COCONUT MILK (20%), CHICKEN MEAT (10%) (CHICKEN, STARCH, CITRUS FIBRE), MUSHROOM, VEGETABLE BROTH, STARCH (MAIZE), SHALLOTS, CORIANDER, BAMBOO SHOOTS, WATER CHESTNUTS, RICE NOODLES, RED CURRY PASTE (CONTAINS PRAWNS), SUGAR, CHILLI, LEMON JUICE CONCENTRATE.

ALLERGEN ADVICE: CONTAINS CRUSTACEA.

MADE ON EQUIPMENT THAT ALSO PROCESSES: GLUTEN, MILK, & SOYBEANS.